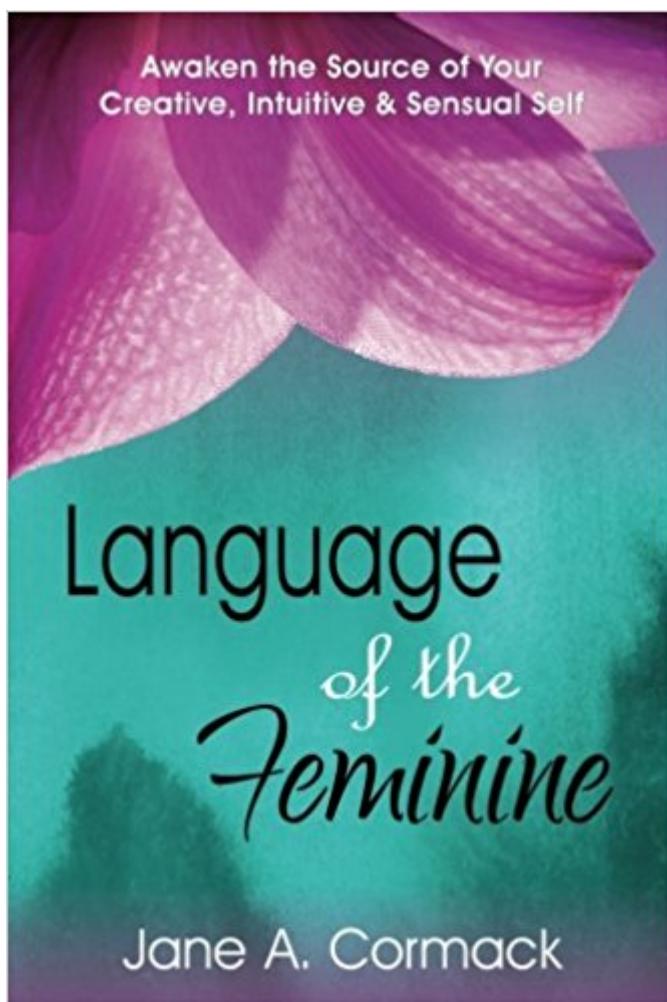


The book was found

Language Of The Feminine: Awaken The Source Of Your Creative, Intuitive & Sensual Self



Synopsis

Our world is in need of the feminine awakening, it calls for deep wisdom, power, softness, love and compassion and for the wholeness of our feminine nature; this awakening begins within us, both women and men. In Language of the Feminine, Jane Cormack guides you to embody a "feminine wholeness"™, through re-discovering forgotten pleasures, listening to your natural intuitive abilities, developing clear confidence in the unique ways that you perceive life and unlocking your feminine element, which is accessible at all times. It's an invitation to harness the courage to listen to and follow your inner guidance. Jane offers insights and simple tools to learn the language of your expression and how to notice the signs, which are reflected back to you. These signs are in essence, the Language of the World. Language of the Feminine will help you to: a) Explore the voices and aspects of your own true essence b) Return to the pleasure of life and living c) Tap into the richness and potency found within your feminine source d) Enjoy your woman's body and learn to experience more sensuality, creativity and pleasure through her e) Trust yourself, your intuition and ideas, no matter how wild they may seem f) Understand the Language of the World; the unique way in which you communicate with your surroundings and the universe Through our daily expressions in work, creativity and relationships, we can reconnect with this element and experience the joy, pleasure, ease, confidence, power and self-trust that awaits us. The question is, will we embrace life's magic and finally reclaim the language of the feminine?

Book Information

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Customer Reviews

Jane Cormack, MA, is a writer, designer, artist and certified guide in a "feminine awakening"™. She originally founded a "Rhythm In Colour" "Cultivating Courage in Women to Shine"™, in 2009; a company offering personal growth events through the multi-creative arts. She is currently based in Europe and facilitates international "Feminine Focus"™ circles, workshops, retreats and classes. These classes facilitate the awakening of feminine essence and in building relationship with one's own sense of trust, wisdom, creativity and power. www.janecormack.com

This book is very interesting she gives lots of insight and I'm just getting a chance to read it. I love the examples she gives to help those reading this to connect with oneself.

Ever have an intuition that you needed to go somewhere or pick up a certain book? Aligning with these little whispers are the main focus of this beautifully composed book. In my experience, it is for any person wanting to gain fluidity with the beauty of the world... The Language of the Feminine is not just for women, as it is really a companion to deepening ones learning of the Language of the World that often speaks to us in whispers. In this case, 'the feminine' is more akin to the feminine qualities inside every person... qualities of creativity, listening, receiving. I have found it beautifully written and have enjoyed the activities at the end of every chapter that debunk tabus around 'pleasure' as a loaded word... and allow myself to reclaim pleasure as a guilt-free activity! I highly recommend this book to anyone ready to go one step further in exploring your relationship with creativity and the world around you.

This book is not only a helpful workbook to find one's inner voice, but it's a joy to read the author's own experiences in this creative journey we call life.

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